

I MARCHA-CARRERA POR LA IGUALDAD CIUDAD DE PONTEVEDRA, Pontevedra 08/03/2020

MARCHA-CARREIRA. Distancia: 4.100 m



Pto	Dorsal	Nome	Sx	PtoCat	T_Oficial	RitmoKm	T_Real	RitKmReal	Licenza	Club	Localidade
1	376	MANUEL LORENZO LÓPEZ		ABSM- 1	00:13:25	00:03:17	00:13:25	00:03:17			MARÍN
2	374	JORGE TORRES TORRES		ABSM- 2	00:13:29	00:03:18	00:13:29	00:03:18			PORTONOVO
3	4	LUCAS POUSO VIDAL		ABSM- 3	00:14:03	00:03:26	00:14:03	00:03:26		C.A. CAMBADOS - SEGUROS NOVAL	VILANOVA DE AROUSA
4	11	JESUS MONTOTO VAZQUEZ		ABSM- 4	00:14:04	00:03:26	00:14:03	00:03:26		VENGADORES OCR	PONTEVEDRA
5	328	CÉSAR PAZOS CANEDA		ABSM- 5	00:14:09	00:03:28	00:14:07	00:03:27			ARTEIXO
6	122	MARCOS SCHNEIDER		ABSM- 6	00:14:14	00:03:29	00:14:12	00:03:28			BOIRO
7	105	JOSE ANTONIO SANTIAGO BOSCH		ABSM- 7	00:14:22	00:03:31	00:14:20	00:03:30			PONTEVEDRA
8	520	ROMARICK FORQUES		ABSM- 8	00:14:34	00:03:34	00:14:33	00:03:33			
9	107	MANUEL ABREU AMOR		ABSM- 9	00:14:37	00:03:34	00:14:36	00:03:34			VIGO
10	190	SERGIO FONSECA FERRADANES		ABSM- 10	00:14:39	00:03:35	00:14:38	00:03:35			PONTEVEDRA
11	103	DIEGO FREIRE CALVO		ABSM- 11	00:15:15	00:03:43	00:15:13	00:03:43			PONTEVEDRA
12	418	JOAQUÍN IGLESIAS RODRÍGUEZ		ABSM- 12	00:15:18	00:03:44	00:15:18	00:03:44			
13	96	JUAN SICILIA BARCI		ABSM- 13	00:15:20	00:03:45	00:15:19	00:03:44			CANGAS
14	15	HUGO DURAN ALVAREZ		ABSM- 14	00:15:35	00:03:48	00:15:33	00:03:48			PONTEVEDRA
15	120	ISABEL CAEIRO MARIÑO	F- 1	INFF- 1	00:15:36	00:03:49	00:15:36	00:03:49			PONTEVEDRA
16	115	JAVIER ABUÍN PENAS		ABSM- 15	00:15:36	00:03:49	00:15:34	00:03:48			PONTEVEDRA
17	9	OSCAR BRAÑA BESTEIRO		ABSM- 16	00:15:37	00:03:49	00:15:34	00:03:48		CLUB DEPORTIVO PINARIUM	PONTEVEDRA
18	121	EUGENIO CAEIRO GONZÁLEZ		ABSM- 17	00:15:39	00:03:49	00:15:38	00:03:49			PONTEVEDRA
19	355	BRUNO FRAGUAS CADAVID		ABSM- 18	00:15:54	00:03:53	00:15:51	00:03:52			PONTEVEDRA
20	263	CANDELA SÁNCHEZ TOUZA	F- 2	INFF- 2	00:15:56	00:03:54	00:15:56	00:03:54			PONTEVEDRA
21	460	ÁLVARO RODIÑO TOME		ABSM- 19	00:16:20	00:03:59	00:16:16	00:03:58			
22	391	BRUNO FERNÁNDEZ ESPINA		ABSM- 20	00:16:22	00:04:00	00:16:21	00:04:00			VEGADEO
23	33	CAROL SANTOS VILLALÓN	F- 3	INFF- 3	00:16:32	00:04:02	00:16:32	00:04:02	AG766397	CLUB OURENSE ATLETISMO	POIO
24	53	SERGIO PEREIRA GUTIÉRREZ		ABSM- 21	00:17:02	00:04:10	00:16:57	00:04:08			PONTEVEDRA
25	30	IVÁN VICENTE SIMAL		ABSM- 22	00:17:30	00:04:17	00:17:25	00:04:15		CLUB CICLISMO TRIÁTLON POIO	PONTEVEDRA
26	1	LAURA MOSQUERA ESCUDERO	F- 4	ABSF- 1	00:17:37	00:04:18	00:17:35	00:04:18		ATLETISMO FONTES DO SAR	BERTAMIRANS-AMES
27	13	JESUS FREIRE COBELO		ABSM- 23	00:17:37	00:04:18	00:17:35	00:04:18			PONTEVEDRA
28	25	VALERIANO MOLDES SUÁREZ		ABSM- 24	00:17:39	00:04:19	00:17:35	00:04:18			PONTEVEDRA
29	10	RAFAEL MILLAN GOMEZ		ABSM- 25	00:17:48	00:04:21	00:17:44	00:04:20		RUNNING TEAM	PONTEVEDRA
30	19	CÉSAR PACHECO		ABSM- 26	00:17:50	00:04:21	00:17:46	00:04:20			POIO
31	110	MODESTO GONZÁLEZ SENRA		ABSM- 27	00:17:58	00:04:23	00:17:55	00:04:23			PONTEVEDRA
32	414	ADRIAN PAZOS MAQUIEIRA		ABSM- 28	00:17:58	00:04:23	00:17:57	00:04:23			
33	29	RODRIGO GARCÍA, COCHON		INFM- 1	00:18:04	00:04:25	00:18:03	00:04:25		CLUB ATLETISMO ORENSE	POIO
34	213	HARRIET ALLAN	F- 5	ABSF- 2	00:18:05	00:04:25	00:17:59	00:04:23			SANTIAGO DE COMPOSTELA
35	277	MERCEDES PAZ VALLE	F- 6	ABSF- 3	00:18:14	00:04:27	00:18:11	00:04:27			PONTEVEDRA
36	356	MANUEL MORALES ADÁN		ABSM- 29	00:18:26	00:04:30	00:18:22	00:04:29			PONTEVEDRA
37	116	JOSE AMABLE NUÑEZ GONZALEZ		ABSM- 30	00:18:34	00:04:32	00:18:32	00:04:32			PONTEVEDRA
38	412	HUGO PEREZ PINTOS		ABSM- 31	00:18:37	00:04:33	00:18:32	00:04:32			PONTEVEDRA
39	511	MANUEL SÁNCHEZ RODRÍGUEZ		ABSM- 32	00:18:40	00:04:34	00:18:40	00:04:34			
40	506	FÁTIMA QUINTANA MIRANDA	F- 7	ABSF- 4	00:18:42	00:04:34	00:18:40	00:04:34			
41	463	CARLOS DOS SANTOS		ABSM- 33	00:18:46	00:04:35	00:18:34	00:04:32			
42	419	ÁNGEL FUEGO LÓPEZ		INFM- 2	00:18:48	00:04:36	00:18:48	00:04:35			
43	333	MARÍA CÓRDOBA OTERO	F- 8	ABSF- 5	00:18:59	00:04:38	00:18:54	00:04:37			PONTEVEDRA
44	36	EVA CID	F- 9	ABSF- 6	00:19:05	00:04:40	00:19:01	00:04:39			PUNTECALDELAS

45	24	MARCOS JAMARDO DOMINGUEZ		ABSM- 34	00:19:08	00:04:40	00:18:59	00:04:38	PUENTECECURES
46	290	DAVID CRUCES FERNÁNDEZ		ABSM- 35	00:19:08	00:04:40	00:18:44	00:04:35	PONTEVEDRA
47	106	JORGE RODRIGUEZ PENA		ABSM- 36	00:19:16	00:04:42	00:19:14	00:04:42	VIGO
48	17	JUAN MIGUEL BESADA VIDAL		ABSM- 37	00:19:26	00:04:45	00:19:09	00:04:41	GROVE, O
49	273	ANDRES HERMIDA IGLESIAS		ABSM- 38	00:19:26	00:04:45	00:19:16	00:04:42	MARIN
50	123	GEMMA MARTÍNEZ	F- 10	ABSF- 7	00:19:32	00:04:46	00:19:30	00:04:46	SANXENXO
51	421	JACINTO DOMÍNGUEZ DOMÍNGUEZ		ABSM- 39	00:19:34	00:04:47	00:19:27	00:04:45	
52	98	FERNANDO MARTÍNEZ FERNÁNDEZ		ABSM- 40	00:19:37	00:04:48	00:19:23	00:04:44	VIGO
53	114	JOSÉ LUIS PASIN COUSIDO		ABSM- 41	00:19:43	00:04:49	00:19:41	00:04:48	SANXENXO
54	2	ROCÍO LÓPEZ RODRÍGUEZ	F- 11	ABSF- 8	00:19:46	00:04:50	00:19:41	00:04:48	ATLETISMO TUI - ACTIVAMOS TU CASA TUI
55	406	RAUL FERNANDEZ PEREIRA		ABSM- 42	00:19:52	00:04:51	00:19:42	00:04:49	SALVATIERRA DE MIÑO
56	417	DANIEL BENAVIDES ALONSO		ABSM- 43	00:19:55	00:04:52	00:19:52	00:04:51	
57	375	ESPERANZA GARCÍA GARCÍA	F- 12	ABSF- 9	00:19:57	00:04:52	00:19:51	00:04:51	PORTONOVO
58	39	NATALIA GIMÉNEZ CAÑADA	F- 13	ABSF- 10	00:19:58	00:04:52	00:19:38	00:04:48	POIO
59	14	CRISTINA GARCÍA MARÍN	F- 14	ABSF- 11	00:20:00	00:04:53	00:19:58	00:04:53	O PORRIÑO
60	242	LEIRE BRUN FERNÁNDEZ	F- 15	INFF- 4	00:20:04	00:04:54	00:19:31	00:04:46	CANGAS DE MORRAZO
61	246	ADELAIDA GARCÍA GARCÍA	F- 16	ABSF- 12	00:20:06	00:04:55	00:20:04	00:04:54	PONTEVEDRA
62	16	JUAN BAUTISTA VOCES GONZÁLEZ		ABSM- 44	00:20:08	00:04:55	00:20:05	00:04:54	PONTEVEDRA
63	66	JOSE MANUEL GARRIDO BERTOLO		ABSM- 45	00:20:15	00:04:57	00:20:00	00:04:53	FORCAREI
64	423	MARÍA JOSÉ AMEIJIDE MICO	F- 17	ABSF- 13	00:20:21	00:04:58	00:20:09	00:04:55	
65	267	ALEXANDRE CASAL		ABSM- 46	00:20:25	00:04:59	00:20:25	00:04:59	VIGO
66	35	MANUEL GÁNDARA GARRIDO		ABSM- 47	00:20:29	00:05:00	00:20:25	00:04:59	GIN TRAIL
67	400	BELTRAN RAÑA CRIADO		ABSM- 48	00:20:32	00:05:01	00:19:50	00:04:51	PONTEVEDRA
68	131	ALBERTO PAZOS VIDAL		ABSM- 49	00:20:33	00:05:01	00:20:22	00:04:59	PONTEVEDRA
69	189	MONICA GARCIA VEA	F- 18	ABSF- 14	00:20:40	00:05:03	00:20:36	00:05:02	PONTEVEDRA
70	461	CAMILO RODIÑO SANTOS		ABSM- 50	00:20:45	00:05:04	00:20:40	00:05:03	
71	372	MAYELÍN VAILLANT	F- 19	ABSF- 15	00:20:46	00:05:04	00:20:37	00:05:02	PORTONOVO
72	271	MARIA ELENA ESTEVEZ FREIRE	F- 20	ABSF- 16	00:21:12	00:05:11	00:21:08	00:05:10	BUEU
73	430	ENEKO ABAD OTAZUA		ABSM- 51	00:21:13	00:05:11	00:20:57	00:05:07	
74	152	MARTA FERRO NIETO	F- 21	ABSF- 17	00:21:20	00:05:13	00:21:12	00:05:11	PONTEVEDRA
75	274	ANDREA RODRIGUEZ CABALEIRO	F- 22	ABSF- 18	00:21:22	00:05:13	00:21:13	00:05:11	PONTEVEDRA
76	272	ANA SUAREZ PEREZ	F- 23	ABSF- 19	00:21:22	00:05:13	00:21:13	00:05:11	PONTEVEDRA
77	220	CARLA MARÍA OTERO FERREIRO	F- 24	ABSF- 20	00:21:31	00:05:15	00:21:19	00:05:12	VIGO
78	239	VÍCTOR MANUEL BRUN MOLANES		ABSM- 52	00:21:34	00:05:16	00:21:00	00:05:08	CANGAS DE MORRAZO
79	343	MARCOS DOBARRO CASALDERREY		ABSM- 53	00:21:38	00:05:17	00:21:27	00:05:14	PONTEVEDRA
80	487	IVÁN FREIRE HERMIDA		ABSM- 54	00:21:38	00:05:17	00:21:26	00:05:14	
81	101	JOSE BERNARDO SABARÍS HERMIDA		ABSM- 55	00:21:38	00:05:17	00:21:21	00:05:13	POIO
82	262	CESAR VILLARROEL		ABSM- 56	00:21:49	00:05:20	00:21:35	00:05:16	PONTEVEDRA
83	51	MARIA HERMITAS CARABELOS ACUÑA	F- 25	ABSF- 21	00:22:01	00:05:23	00:21:57	00:05:22	PONTEVEDRA
84	99	ROSS FAGAN		ABSM- 57	00:22:02	00:05:23	00:21:25	00:05:14	PONTEVEDRA
85	63	MIGUEL ANGEL ALONSO GONZALEZ		ABSM- 58	00:22:05	00:05:24	00:21:29	00:05:15	NIGRÁN
86	97	NATALIA SANMARTÍN OTERO	F- 26	ABSF- 22	00:22:05	00:05:24	00:21:51	00:05:20	CHAPELA (REDONDELA)
87	452	SANDRA RODRÍGUEZ MARTÍNEZ	F- 27	ABSF- 23	00:22:05	00:05:24	00:22:00	00:05:22	
88	119	FRANCISCO JAVIER CASTRELO CONDE		ABSM- 59	00:22:06	00:05:24	00:21:57	00:05:22	VILAGARCIA DE AROUSA
89	308	ANA MOURE COBOS	F- 28	ABSF- 24	00:22:07	00:05:24	00:21:58	00:05:22	VILAGARCIA DE AROUSA
90	191	ENRIQUE JIMÉNEZ CARMONA		ABSM- 60	00:22:09	00:05:25	00:21:58	00:05:22	PONTEVEDRA
91	130	MIRIAM GONZÁLEZ VARELA	F- 29	ABSF- 25	00:22:10	00:05:25	00:21:59	00:05:22	PONTEVEDRA
92	404	MANUEL PORTELA ORTIZ		ABSM- 61	00:22:11	00:05:25	00:22:00	00:05:22	PONTEVEDRA
93	420	PILAR MUÑIZ RIAL	F- 30	ABSF- 26	00:22:13	00:05:26	00:22:06	00:05:24	

94	352	AURELIO ÁLVAREZ VIDAL		ABSM- 62	00:22:13	00:05:26	00:22:04	00:05:23	PONTEVEDRA
95	21	JOSÉ ÁNGEL TORRES GONZÁLEZ		ABSM- 63	00:22:28	00:05:29	00:22:23	00:05:28	PONTEVEDRA
96	451	LUIS TABOADA VILLAMIL		ABSM- 64	00:22:29	00:05:29	00:22:23	00:05:28	
97	93	CATALINA ROMERO LEMA	F- 31	ABSF- 27	00:22:29	00:05:29	00:22:22	00:05:28	ZAS
98	231	ESTELA MOLERO GÁLVEZ	F- 32	ABSF- 28	00:22:30	00:05:30	00:21:58	00:05:22	PONTEVEDRA
99	268	ESTEFANÍA REGUEIRA SEIJAS	F- 33	ABSF- 29	00:22:32	00:05:30	00:22:13	00:05:25	BUEU
100	140	NOELIA DOZO LEIRO	F- 34	ABSF- 30	00:22:35	00:05:31	00:22:29	00:05:30	CAMBADOS
101	185	CARLA PESO	F- 35	ABSF- 31	00:22:35	00:05:31	00:22:30	00:05:30	PONTEVEDRA
102	248	ROSA ESTHER MENDUIÑA PASTORIZA	F- 36	ABSF- 32	00:22:41	00:05:32	00:22:22	00:05:28	BUEU
103	32	MARTA FERNÁNDEZ ALMEDA	F- 37	ABSF- 33	00:22:44	00:05:33	00:22:12	00:05:25	CLUB DEPORTIVO PINARIUM
104	34	MANUEL BARREIRO FERNÁNDEZ		INFM- 3	00:22:44	00:05:33	00:22:12	00:05:25	DT1TEAM
105	380	DANIEL CHAMOSA DACASA		ABSM- 65	00:22:44	00:05:33	00:22:32	00:05:30	PONTEVEDRA
106	381	ÁNGELA FERNÁNDEZ SOBRAL	F- 38	ABSF- 34	00:22:44	00:05:33	00:22:32	00:05:30	COTOBADA
107	321	FRANCISCO JOSÉ LOPEZ REGO		ABSM- 66	00:22:47	00:05:34	00:22:37	00:05:31	MARÍN
108	392	DIEGO GONZÁLEZ MARTÍNEZ		ABSM- 67	00:22:47	00:05:34	00:22:37	00:05:31	SALVATERRA DE MIÑO
109	395	FRANCISCO PRIETO PERNAS		ABSM- 68	00:22:51	00:05:35	00:22:43	00:05:33	CORUÑA
110	396	FRANCISCO PRIETO LÓPEZ		ABSM- 69	00:22:51	00:05:35	00:22:43	00:05:33	CORUÑA
111	148	ÁNGEL MANUEL GÓMEZ GARCÍA		ABSM- 70	00:22:53	00:05:35	00:22:44	00:05:33	PONTEVEDRA
112	43	PATRICIA DÍAZ SOUTULLO	F- 39	ABSF- 35	00:23:01	00:05:37	00:22:45	00:05:33	O GROVE
113	44	MÓNICA POUSA FILGUEIRA	F- 40	ABSF- 36	00:23:01	00:05:37	00:22:44	00:05:33	O GROVE
114	259	MARÍA ABOAL RAMOS	F- 41	ABSF- 37	00:23:03	00:05:38	00:22:56	00:05:36	POIO
115	258	REBECA GONZÁLEZ LORENZO	F- 42	INFF- 5	00:23:07	00:05:39	00:22:59	00:05:37	PONTEVEDRA
116	143	UXÍA ALONSO MARTÍNEZ	F- 43	INFF- 6	00:23:07	00:05:39	00:23:00	00:05:37	PONTEVEDRA
117	310	JUAN DUEÑAS SEOANE		INFM- 4	00:23:14	00:05:40	00:22:56	00:05:36	PONTEVEDRA
118	311	JUAN FRANCISCO DUEÑAS CORCHERO		ABSM- 71	00:23:15	00:05:41	00:23:15	00:05:41	PONTEVEDRA
119	515	MARÍA ELISA ABILLEIRA RODRÍGUEZ	F- 44	ABSF- 38	00:23:16	00:05:41	00:23:10	00:05:39	
120	117	ENRIQUE CONS GONZALEZ		ABSM- 72	00:23:18	00:05:41	00:23:12	00:05:40	VIGO
121	172	LETICIA MUÑIZ MIRON	F- 45	ABSF- 39	00:23:27	00:05:43	00:23:03	00:05:38	PONTEVEDRA
122	85	IVÁN GONZÁLEZ RAMÍREZ		ABSM- 73	00:23:29	00:05:44	00:23:00	00:05:37	SALCEDA DE CASELAS
123	67	MARIA VICTORIA MARQUEZ TAIN	F- 46	ABSF- 40	00:23:39	00:05:46	00:23:23	00:05:43	FORCAREI
124	78	MARÍA FERRER DOPORTO	F- 47	ABSF- 41	00:23:40	00:05:47	00:23:15	00:05:41	PONTEVEDRA
125	40	SARA GALLEGO PIÑEIRO	F- 48	ABSF- 42	00:23:42	00:05:47	00:22:00	00:05:22	PONTEVEDRA
126	38	MARÍA DOPAZO	F- 49	ABSF- 43	00:23:43	00:05:47	00:22:00	00:05:22	MARÍN
127	338	ANTÍA GONZÁLEZ GIL	F- 50	ABSF- 44	00:23:45	00:05:48	00:23:42	00:05:47	MARÍN
128	339	PAULA CARMONA ÁLVAREZ	F- 51	ABSF- 45	00:23:47	00:05:48	00:23:43	00:05:48	PONTEVEDRA
129	183	SERGIO LORENZO PAZO		ABSM- 74	00:23:49	00:05:49	00:23:13	00:05:40	PONTEVEDRA
130	79	LUCÍA FERRER DOPORTO	F- 52	ABSF- 46	00:23:50	00:05:49	00:23:26	00:05:43	PONTEVEDRA
131	111	CHUS CASAL BARROS	F- 53	ABSF- 47	00:23:54	00:05:50	00:23:42	00:05:47	VIGO
132	100	PAULA IGLESIAS QUINTEIRO	F- 54	ABSF- 48	00:23:54	00:05:50	00:23:38	00:05:46	PONTEVEDRA
133	81	MIGUEL ÁNGEL LÓPEZ BRAVO		ABSM- 75	00:23:58	00:05:51	00:23:55	00:05:50	VIGO
134	240	CONCHY FERNÁNDEZ BONET	F- 55	ABSF- 49	00:24:02	00:05:52	00:23:28	00:05:44	CANGAS DE MORRAZO
135	424	FERNANDO GARCÍA CASTIÑEIRO		ABSM- 76	00:24:09	00:05:54	00:23:57	00:05:51	
136	118	ROBERTO CARRACEDO		ABSM- 77	00:24:11	00:05:54	00:23:59	00:05:51	VIGO
137	510	IRIA PASCUAS RODRÍGUEZ	F- 56	ABSF- 50	00:24:15	00:05:55	00:24:08	00:05:54	
138	49	LAURA COTÓN LIÑAYO	F- 57	ABSF- 51	00:24:23	00:05:57	00:24:06	00:05:53	PONTEVEDRA
139	378	JAVIER RUIZ SEIJOSO		ABSM- 78	00:24:25	00:05:58	00:24:09	00:05:54	MARÍN
140	382	SHEILA CRESPO GONZÁLEZ	F- 58	ABSF- 52	00:24:25	00:05:58	00:24:10	00:05:54	PONTEVEDRA
141	250	MIRIAM PORTELA FERNÁNDEZ	F- 59	ABSF- 53	00:24:28	00:05:58	00:24:08	00:05:54	BUEU
142	269	SARA PEREIRA MARCOTE	F- 60	ABSF- 54	00:24:28	00:05:58	00:24:04	00:05:52	VIGO

143	18	LILIANA PIÑEIRO IGLESIAS	F- 61	ABSF- 55	00:24:29	00:05:59	00:24:22	00:05:57	REDONDELA
144	279	FERNANDO MOLDES SOUTO		ABSM- 79	00:24:29	00:05:59	00:24:22	00:05:57	PONTEVEDRA
145	195	ANTONIO ROSALES		ABSM- 80	00:24:29	00:05:59	00:24:15	00:05:55	POIO
146	358	JUAN ABAL		ABSM- 81	00:24:32	00:05:59	00:24:16	00:05:55	PONTEVEDRA
147	8	MONICA DACOSTA OTERO	F- 62	ABSF- 56	00:24:39	00:06:01	00:24:06	00:05:53	CLUB DEPORTIVO PINARIUM POIO
148	335	EVA LOURENCO	F- 63	ABSF- 57	00:24:39	00:06:01	00:24:06	00:05:53	POIO
149	26	CHARLOTTE MARIA FIELDEN	F- 64	ABSF- 58	00:24:39	00:06:01	00:24:02	00:05:52	PONTEVEDRA
150	173	ENRIQUE DURÁN CERQUEIRA		ABSM- 82	00:24:39	00:06:01	00:24:15	00:05:55	PONTEVEDRA
151	74	ELENA ARBOLEDA	F- 65	ABSF- 59	00:24:41	00:06:02	00:24:12	00:05:54	SANXENXO
152	287	MARÍA LANDÍN	F- 66	ABSF- 60	00:24:42	00:06:02	00:24:36	00:06:00	PONTEVEDRA
153	198	MIRIAM CHAPELA GARCIA	F- 67	ABSF- 61	00:24:44	00:06:02	00:24:25	00:05:58	CANGAS
154	209	SILVIA QUINTELA PASTORIZA	F- 68	ABSF- 62	00:24:44	00:06:02	00:24:25	00:05:58	BUEU
155	288	BELÉN CORTIZO	F- 69	ABSF- 63	00:24:50	00:06:04	00:24:42	00:06:02	PONTEVEDRA
156	182	ISA CANABAL VILLAVERDE	F- 70	ABSF- 64	00:24:59	00:06:06	00:24:50	00:06:04	VIGO
157	184	ANA CANABAL VILLAVERDE	F- 71	ABSF- 65	00:24:59	00:06:06	00:24:50	00:06:04	VIGO
158	312	JOSÉ OGANDO CERDEIRA		ABSM- 83	00:25:02	00:06:07	00:24:59	00:06:06	A LAMA
159	61	NOELIA MARTÍNEZ PESQUEIRA	F- 72	ABSF- 66	00:25:08	00:06:08	00:24:31	00:05:59	RIBADUMIA
160	60	PATRICIA PÉREZ BARROSA	F- 73	ABSF- 67	00:25:09	00:06:08	00:24:30	00:05:59	VIGO
161	76	MARGARITA VIDAL TABOADA	F- 74	ABSF- 68	00:25:09	00:06:08	00:24:38	00:06:01	PONTEVEDRA
162	83	VANESSA MENDES ALONSO	F- 75	ABSF- 69	00:25:11	00:06:09	00:24:43	00:06:02	SAN ESTEBAN DE BUDIÑO
163	84	ESTEFANÍA CRUZ CASTRO	F- 76	ABSF- 70	00:25:11	00:06:09	00:24:43	00:06:02	O PORRIÑO
164	46	SANDRA MARÍA CABREIRA CARNEIRO	F- 77	ABSF- 71	00:25:25	00:06:12	00:25:17	00:06:10	BAIONA
165	390	AMANDA PAZOS	F- 78	ABSF- 72	00:25:26	00:06:13	00:25:10	00:06:09	PONTEVEDRA
166	210	CRISTINA CEBRIÁN LAGO	F- 79	ABSF- 73	00:25:27	00:06:13	00:25:10	00:06:09	PONTEVEDRA
167	206	PABLO COUTO RON		ABSM- 84	00:25:28	00:06:13	00:25:09	00:06:08	PONTEVEDRA
168	55	ALBA FERNÁNDEZ BLANCO	F- 80	ABSF- 74	00:25:32	00:06:14	00:25:28	00:06:13	VIGO
169	477	MARTA DE DIOS RECAMAN	F- 81	ABSF- 75	00:25:34	00:06:15	00:25:11	00:06:09	
170	56	SANDRA RODRÍGUEZ GARCÍA	F- 82	ABSF- 76	00:25:35	00:06:15	00:25:30	00:06:14	VIGO
171	162	M ^º DEL CARMEN FERNÁNDEZ REY	F- 83	ABSF- 77	00:25:35	00:06:15	00:25:12	00:06:09	ARAÑO RIANXO
172	383	MARÍA MUIÑOS VILABOA	F- 84	INFF- 7	00:25:35	00:06:15	00:25:07	00:06:08	PONTEVEDRA
173	379	LUCÍA PARDILLA	F- 85	INFF- 8	00:25:35	00:06:15	00:25:06	00:06:08	POIO
174	47	IRIA PENELAS MOREIRA	F- 86	ABSF- 78	00:25:45	00:06:17	00:25:32	00:06:14	PONTEVEDRA
175	48	MARÍA GÓMEZ ALONSO	F- 87	ABSF- 79	00:25:45	00:06:17	00:25:32	00:06:14	PONTEVEDRA
176	154	BITA ZAHARASADAT SAGHAEIAN	F- 88	ABSF- 80	00:25:46	00:06:17	00:25:32	00:06:14	PONTEVEDRA
177	373	CLAUDIA BARREIRO	F- 89	ABSF- 81	00:25:47	00:06:18	00:25:38	00:06:16	PORTONOVO
178	171	CRISTINA SUÁREZ MOSQUERA	F- 90	ABSF- 82	00:25:48	00:06:18	00:25:37	00:06:15	VIGO
179	155	ABRAHAM RODRÍGUEZ ÁLVAREZ		ABSM- 85	00:25:49	00:06:18	00:25:35	00:06:15	PONTEVEDRA
180	218	ANA ISABEL PÉREZ COMESAÑA	F- 91	ABSF- 83	00:25:52	00:06:19	00:25:33	00:06:14	BUEU
181	225	XOANA GONZÁLEZ PIMENTEL	F- 92	ABSF- 84	00:25:56	00:06:20	00:25:07	00:06:08	PONTEVEDRA
182	235	MARIA BEGOÑA GARCIA CORTAZAR	F- 93	ABSF- 85	00:26:02	00:06:21	00:25:56	00:06:20	POYO
183	192	CRISTINA GÓMEZ VILLAVERDE	F- 94	ABSF- 86	00:26:14	00:06:24	00:25:53	00:06:19	ORDES
184	223	MARÍA SUÁREZ MANDAYO	F- 95	ABSF- 87	00:26:14	00:06:24	00:25:52	00:06:19	MESÍA
185	201	NATALIA SONEIRA SUAREZ	F- 96	ABSF- 88	00:26:14	00:06:24	00:25:52	00:06:19	ORDES
186	187	ANABEL MARTÍNEZ MOSQUERA	F- 97	ABSF- 89	00:26:14	00:06:24	00:25:52	00:06:19	ORDES
187	112	CARLOS REVUELTA MENDEZ		ABSM- 86	00:26:17	00:06:25	00:25:57	00:06:20	O BARCO
188	457	CRISTINA GARCÍA SARTAL	F- 98	ABSF- 90	00:26:23	00:06:27	00:26:03	00:06:21	
189	455	TANIA RODRÍGUEZ BARREIRO	F- 99	ABSF- 91	00:26:23	00:06:27	00:26:03	00:06:22	
190	503	MARÍA VITORIA VILLANUEVA MONTENEGRO	F- 100	ABSF- 92	00:26:23	00:06:27	00:26:05	00:06:22	
191	456	DOLORES FRANCO MARTÍNEZ	F- 101	ABSF- 93	00:26:24	00:06:27	00:26:03	00:06:22	

192	42	MARÍA ÁNGELES PANDELO LORENZO	F- 102	ABSF- 94	00:26:49	00:06:33	00:26:32	00:06:29	PONTEVEDRA
193	41	ALBERTO MARTÍN MÉNDEZ		ABSM- 87	00:26:49	00:06:33	00:26:32	00:06:29	PONTEVEDRA
194	214	AINHOA SOTO BOULLOSA	F- 103	ABSF- 95	00:26:55	00:06:34	00:26:41	00:06:31	PONTEVEDRA
195	217	IVÁN COUSO CAMPOS		ABSM- 88	00:26:57	00:06:35	00:26:44	00:06:31	MONTEPORREIRO
196	199	ROSA MARIA LEIRO AFONSO	F- 104	ABSF- 96	00:27:00	00:06:35	00:26:30	00:06:28	PORTONOVO
197	72	BELY LOPEZ	F- 105	ABSF- 97	00:27:02	00:06:36	00:26:31	00:06:29	SANXENXO
198	243	ANA DIEGUEZ SOLLA	F- 106	ABSF- 98	00:27:02	00:06:36	00:26:53	00:06:34	PONTEVEDRA
199	447	MARÍA LUISA SÁNCHEZ VÁZQUEZ	F- 107	ABSF- 99	00:27:06	00:06:37	00:26:53	00:06:34	
200	7	LYUDMYLA CHUB SAVCHENKO	F- 108	ABSF- 100	00:27:07	00:06:37	00:26:25	00:06:27	CLUB DEPORTIVO PINARIUM PORRIÑO
201	194	ANDREA FILGUEIRA ALFONSO	F- 109	ABSF- 101	00:27:08	00:06:38	00:26:58	00:06:35	MARIN
202	193	CARLA PINTOS ALFONSO	F- 110	ABSF- 102	00:27:09	00:06:38	00:26:58	00:06:35	MARIN
203	202	ISABEL PEÑA GAITEIRO	F- 111	ABSF- 103	00:27:09	00:06:38	00:27:01	00:06:36	PONTEVEDRA
204	6	MANUEL JOSÉ CRUCES PRADO		ABSM- 89	00:27:12	00:06:38	00:26:15	00:06:25	AG 2016439 CLUB DEPORTIVO PINARIUM PLACERES-PONTEVEDRA
205	429	VIRGINIA VIRAL TOUZA	F- 112	ABSF- 104	00:27:14	00:06:39	00:26:59	00:06:35	
206	345	ROCIO BLANCO GASPAR	F- 113	ABSF- 105	00:27:14	00:06:39	00:26:43	00:06:31	PONTEVEDRA
207	344	ANA RAMOS TROITIÑO	F- 114	ABSF- 106	00:27:14	00:06:39	00:26:42	00:06:31	PONTEVEDRA
208	58	ANA CAAMAÑO MARTÍNEZ	F- 115	ABSF- 107	00:27:15	00:06:39	00:27:00	00:06:35	PONTEVEDRA
209	309	JUAN CARLOS ROJO MARQUEZ		ABSM- 90	00:27:19	00:06:40	00:27:14	00:06:39	
210	475	TRINIDAD SÁNCHEZ OUTÓN	F- 116	ABSF- 108	00:27:20	00:06:40	00:26:55	00:06:34	
211	474	LUCÍA BLANCO OUTÓN	F- 117	ABSF- 109	00:27:20	00:06:40	00:26:56	00:06:34	
212	476	SALOMÉ MIRAMONTES MIRÁS	F- 118	ABSF- 110	00:27:20	00:06:40	00:26:55	00:06:34	
213	80	AMALIA FERRER DOPORTO	F- 119	ABSF- 111	00:27:20	00:06:40	00:26:56	00:06:35	PONTEVEDRA
214	292	JULIA PORTELA PINO	F- 120	ABSF- 112	00:27:22	00:06:41	00:26:59	00:06:35	TUI
215	347	AINHOA ESTEBAN MOLDES	F- 121	ABSF- 113	00:27:27	00:06:42	00:27:05	00:06:37	PONTEVEDRA
216	77	MAGDALENA DOMÍNGUEZ OGANDO	F- 122	ABSF- 114	00:27:27	00:06:42	00:27:05	00:06:37	PONTEVEDRA
217	224	PAULA GARCÍA FERNÁNDEZ	F- 123	INFF- 9	00:27:41	00:06:45	00:27:37	00:06:45	PONTEVEDRA
218	23	LIDIA PÉREZ NUÑEZ	F- 124	ABSF- 115	00:27:42	00:06:46	00:27:23	00:06:41	POIO
219	75	ALMUDENA PEREIRA RODRÍGUEZ	F- 125	ABSF- 116	00:27:42	00:06:46	00:27:22	00:06:41	BUEU
220	221	AHYNARA PESQUEIRA PAZO	F- 126	ABSF- 117	00:27:43	00:06:46	00:27:20	00:06:40	MARÍN
221	227	LAURA POZACO RODRIGUEZ	F- 127	INFF- 10	00:27:43	00:06:46	00:27:40	00:06:45	PONTEVEDRA
222	325	IVÁN LOGROÑO REY		ABSM- 91	00:27:44	00:06:46	00:27:15	00:06:39	PONTEVEDRA
223	334	RAFAEL LOGROÑO VÁZQUEZ		ABSM- 92	00:27:44	00:06:46	00:27:15	00:06:39	PONTEVEDRA
224	255	INGRID MURILLO JELSBAK	F- 128	ABSF- 118	00:27:53	00:06:49	00:27:38	00:06:45	VIGO
225	340	MARIA DEL ROSARIO CASTRO CABEZAS	F- 129	ABSF- 119	00:28:01	00:06:50	00:27:42	00:06:46	PONTEVEDRA
226	402	JULIA RODRÍGUEZ PAREDES	F- 130	ABSF- 120	00:28:02	00:06:51	00:27:33	00:06:43	PONTEVEDRA
227	403	ÁNGELES RODRÍGUEZ PAREDES	F- 131	ABSF- 121	00:28:09	00:06:52	00:27:39	00:06:45	PONTEVEDRA
228	384	SOFÍA REY DÍAZ	F- 132	INFF- 11	00:28:14	00:06:53	00:27:45	00:06:47	PONTEVEDRA
229	241	MARÍA MARTÍNEZ PIÑEIRO	F- 133	ABSF- 122	00:28:26	00:06:56	00:27:51	00:06:48	CANGAS DE MORRAZO
230	59	UXÍA AGÍS DOCE	F- 134	INFF- 12	00:28:33	00:06:58	00:28:24	00:06:56	SANXENXO
231	519	MONICA YAÑEZ NAVARRO	F- 135	ABSF- 123	00:28:37	00:06:59	00:28:19	00:06:55	
232	464	SONIA RODRÍGUEZ VIDAL	F- 136	ABSF- 124	00:28:37	00:06:59	00:28:19	00:06:55	
233	150	PAULA SABURIDO GONZÁLEZ	F- 137	ABSF- 125	00:29:12	00:07:08	00:29:00	00:07:05	PONTEVEDRA
234	151	ALICIA MORENO RIBAS	F- 138	ABSF- 126	00:29:15	00:07:09	00:29:02	00:07:05	PEREIRO DE ABAIXO
235	205	SOFÍA RIVADULLA ARAUJO	F- 139	ABSF- 127	00:29:16	00:07:09	00:29:02	00:07:05	PONTEVEDRA
236	470	TRIANA COBELO MARTÍNEZ	F- 140	INFF- 13	00:29:19	00:07:09	00:28:48	00:07:02	
237	469	FERNANDO COBELO SÁNCHEZ		ABSM- 93	00:29:22	00:07:10	00:28:50	00:07:02	
238	399	EVA FERNÁNDEZ PICALLO	F- 141	ABSF- 128	00:29:54	00:07:18	00:29:38	00:07:14	PONTEVEDRA
239	318	FATIMA RODRIGUEZ QUINTÁ	F- 142	ABSF- 129	00:30:02	00:07:20	00:29:11	00:07:07	PONTEVEDRA
240	317	MARIA JESUS BOULLOSA DIZ	F- 143	ABSF- 130	00:30:02	00:07:20	00:29:11	00:07:07	PONTEVEDRA

241	160	ANA MARÍA PÉREZ MUÑIZ	F- 144 ABSF- 131	00:30:05	00:07:21	00:29:41	00:07:15	PONTEVEDRA
242	465	ANA FERNÁNDEZ PRIETO	F- 145 ABSF- 132	00:30:05	00:07:21	00:29:29	00:07:12	
243	299	ALBA M ^a FUENTES GONDAR	F- 146 INFF- 14	00:30:18	00:07:24	00:29:57	00:07:19	MEAÑO
244	332	BENITO FUENTES FERNANDEZ	ABSM- 94	00:30:18	00:07:24	00:29:57	00:07:19	MARIN
245	203	ANA CANCELA OTERO	F- 147 INFF- 15	00:30:31	00:07:27	00:29:47	00:07:16	PONTEVEDRA
246	226	LOLA OTERO GONZÁLEZ	F- 148 INFF- 16	00:30:32	00:07:27	00:29:47	00:07:16	PONTEVEDRA
247	285	NURIA TORRES GARCÍA	F- 149 ABSF- 133	00:30:37	00:07:28	00:30:29	00:07:26	POIO
248	364	CARLA MARTÍNEZ MARTÍNEZ	F- 150 ABSF- 134	00:30:49	00:07:31	00:30:14	00:07:23	PONTEVEDRA
249	324	JOSÉ RAMÓN MÉNDEZ VERDE	ABSM- 95	00:31:04	00:07:35	00:30:29	00:07:27	PONTEVEDRA
250	65	ESTHER DE LA PEÑA PORTELA	F- 151 ABSF- 135	00:31:13	00:07:37	00:30:52	00:07:32	PONTEVEDRA
251	54	TERESA CASTELLS CIVIDANES	F- 152 ABSF- 136	00:31:13	00:07:37	00:30:52	00:07:32	PONTEVEDRA
252	132	KARINA GONZÁLEZ PUGA	F- 153 ABSF- 137	00:32:07	00:07:50	00:31:45	00:07:45	AMES
253	133	MARÍA PAZ TRABAZO SAMARTÍN	F- 154 ABSF- 138	00:32:08	00:07:51	00:31:47	00:07:45	SANTIAGO
254	405	LOIDA RODRIGUEZ REGUEIRA	F- 155 ABSF- 139	00:32:28	00:07:55	00:32:17	00:07:53	SALVATIERRA DE MIÑO
255	393	ROCIO BARBOSA PEREZ	F- 156 ABSF- 140	00:32:28	00:07:55	00:32:17	00:07:53	SALVATERRA DE MIÑO
256	323	ANDREA CABO RODRIGUEZ	F- 157 ABSF- 141	00:32:34	00:07:57	00:31:58	00:07:48	PONTEVEDRA
257	322	SANDRA TILVE SOLLA	F- 158 ABSF- 142	00:32:35	00:07:57	00:31:57	00:07:48	PONTEVEDRA
258	306	MARTA VIANA LÓPEZ	F- 159 ABSF- 143	00:32:37	00:07:58	00:32:37	00:07:58	PONTEVEDRA
259	307	RAISA CAMPUZANO LUENGO	F- 160 ABSF- 144	00:32:37	00:07:58	00:32:24	00:07:54	PONTEVEDRA
260	163	PAULA PENA LAGO	F- 161 ABSF- 145	00:32:39	00:07:58	00:31:46	00:07:45	VIGO
261	466	ALFONSO ÁLVAREZ BENITO	ABSM- 96	00:32:46	00:08:00	00:32:11	00:07:51	
262	164	YOLANDA FRANCO SILVA	F- 162 ABSF- 146	00:32:47	00:08:00	00:32:11	00:07:51	PONTEVEDRA
263	444	DIEGO LÓPEZ PITA	ABSM- 97	00:32:57	00:08:03	00:32:18	00:07:53	
264	439	PATRICIA LORENZO CHANTRERO	F- 163 ABSF- 147	00:33:03	00:08:04	00:32:40	00:07:58	
265	408	PUERTO PORTABALES PESQUEIRA	F- 164 ABSF- 148	00:33:07	00:08:05	00:32:45	00:08:00	MARIN
266	331	AMABLE GRAÑA MACENLLE	ABSM- 98	00:33:07	00:08:05	00:32:45	00:08:00	MARIN
267	443	CRISTINA SÁNCHEZ PÉREZ	F- 165 ABSF- 149	00:33:11	00:08:06	00:32:33	00:07:57	
268	286	MONTserrat GARCÍA RIVAS	F- 166 ABSF- 150	00:33:19	00:08:08	00:33:13	00:08:07	POIO
269	149	MARTA ISABELA MORA BOGADO	F- 167 ABSF- 151	00:34:22	00:08:23	00:34:18	00:08:22	PONTEVEDRA
270	234	NURIA SEIJOSO	F- 168 ABSF- 152	00:34:46	00:08:29	00:34:18	00:08:22	MARÍN
271	229	CARLOS FERRER AGUILAR	ABSM- 99	00:34:46	00:08:29	00:34:19	00:08:23	PONTEVEDRA
272	233	REBECA DEZA VILANOVA	F- 169 ABSF- 153	00:34:46	00:08:29	00:34:19	00:08:23	PONTEVEDRA
273	232	CANDY GARCIA OGANDO	F- 170 ABSF- 154	00:34:47	00:08:30	00:34:20	00:08:23	PONTEVEDRA
274	208	CARLOTA MARCUÑO REY	F- 171 ABSF- 155	00:35:29	00:08:40	00:35:25	00:08:39	VIGO
275	207	GLORIA REY GARCÍA	F- 172 ABSF- 156	00:35:29	00:08:40	00:35:26	00:08:39	VIGO
276	438	ANDREINA OROZCO RODRÍGUEZ	F- 173 ABSF- 157	00:35:34	00:08:41	00:35:21	00:08:38	
277	265	JOSSELIN ELIZABETH GÓMEZ MATHEUS	F- 174 ABSF- 158	00:35:34	00:08:41	00:35:21	00:08:38	PONTEVEDRA
278	86	ANABEL FLORES CUELLAR	F- 175 ABSF- 159	00:35:42	00:08:43	00:35:26	00:08:39	VILAGARCIA DE AROUSA
279	87	MARIA EDITA CUELLAR MORENO	F- 176 ABSF- 160	00:35:43	00:08:43	00:35:26	00:08:39	VILAGARCIA DE AROUSA
280	216	YUBIRY GARVIA SALAZAR	F- 177 ABSF- 161	00:36:02	00:08:48	00:35:50	00:08:45	PONTEVEDRA
281	215	ÁNGEL SOTO BOULLOSA	ABSM- 100	00:36:02	00:08:48	00:35:49	00:08:44	PONTEVEDRA
282	297	ROSANA FILGUEIRA IGLESIAS	F- 178 ABSF- 162	00:36:21	00:08:52	00:35:55	00:08:46	MARIN
283	177	SARA MARÍA ABAL FILGUEIRA	F- 179 ABSF- 163	00:36:21	00:08:52	00:35:55	00:08:46	PONTEVEDRA
284	275	NURIA CAMPELO ESTEVEZ	F- 180 ABSF- 164	00:36:23	00:08:53	00:36:14	00:08:51	VILABOIA
285	276	LORENA DA SILVA DE LA TORRE	F- 181 ABSF- 165	00:36:23	00:08:53	00:36:13	00:08:50	MARIN
286	176	MARÍA NIEVES FILGUEIRA IGLESIAS	F- 182 ABSF- 166	00:36:27	00:08:54	00:36:01	00:08:47	PONTEVEDRA
287	247	NATALIA FARTO PASTORIZA	F- 183 INFF- 17	00:37:00	00:09:02	00:36:21	00:08:52	MARÍN
288	249	BEATRIZ PASTORIZA FERNANDEZ	F- 184 ABSF- 167	00:37:01	00:09:02	00:36:21	00:08:52	MARÍN
289	252	AITANA GARCIA MENDEZ	F- 185 INFF- 18	00:37:04	00:09:03	00:36:21	00:08:52	PONTEVEDRA

290	256	INMACULADA MOREIRA BOBO	F- 186 ABSF- 168	00:37:21	00:09:07	00:37:06	00:09:03	PONTEVEDRA
291	495	LUCÍA GARRIDO REBOEDO	F- 187 ABSF- 169	00:37:45	00:09:13	00:37:32	00:09:10	
292	496	CORAL MARTÍN MAYA	F- 188 INFF- 19	00:37:45	00:09:13	00:37:31	00:09:09	
293	508	JOSÉ FERNÁNDEZ SÁNCHEZ RODRÍGUEZ	ABSM- 101	00:37:56	00:09:16	00:37:09	00:09:04	
294	270	ANA DOPORTO FRAMIL	F- 189 ABSF- 170	00:38:42	00:09:27	00:38:13	00:09:20	PONTEVEDRA
295	178	LUCÍA ABAL FILGUEIRA	F- 190 ABSF- 171	00:39:07	00:09:33	00:38:40	00:09:26	PONTEVEDRA
296	204	MARÍA OTERO CHANTADA	F- 191 ABSF- 172	00:39:09	00:09:33	00:38:21	00:09:22	PONTEVEDRA
297	236	BELIA MÉNDEZ RIAL	F- 192 ABSF- 173	00:39:21	00:09:36	00:39:13	00:09:34	VIGO
298	144	ANA SANTOS SOLLA	F- 193 ABSF- 174	00:39:21	00:09:36	00:39:12	00:09:34	PONTEVEDRA
299	181	ERENE FLORES	F- 194 ABSF- 175	00:41:12	00:10:03	00:41:00	00:10:00	VIGO
300	170	ORIANA SILVERA RODRIGUEZ	F- 195 ABSF- 176	00:41:12	00:10:03	00:41:01	00:10:01	VIGO
301	499	MARÍA EUGENIA ARCIA PINTO	F- 196 ABSF- 177	00:41:17	00:10:04	00:40:38	00:09:55	
302	501	ARMANDO ROJAS	ABSM- 102	00:41:17	00:10:04	00:40:37	00:09:55	
303	319	PABLO AROSA VÁZQUEZ	ABSM- 103	00:41:33	00:10:08	00:40:53	00:09:59	PONTEVEDRA
304	320	MARIA LUISA CAMINO MARTINEZ	F- 197 ABSF- 178	00:41:35	00:10:09	00:41:02	00:10:01	PONTEVEDRA
305	349	Mª CONSUELO RIAL LORENZO	F- 198 ABSF- 179	00:41:38	00:10:10	00:41:12	00:10:03	PONTEVEDRA
306	350	ANA AREA POMAR	F- 199 ABSF- 180	00:41:39	00:10:10	00:41:12	00:10:03	PONTEVEDRA
307	471	PILAR REY LUBRIS	F- 200 ABSF- 181	00:41:45	00:10:11	00:41:04	00:10:01	
308	362	SARA VAZQUEZ PÉREZ	F- 201 ABSF- 182	00:41:46	00:10:12	00:41:00	00:10:00	SOUTOMAIOR
309	304	SERGIO LOPES LOURENÇO	ABSM- 104	00:41:46	00:10:12	00:41:01	00:10:01	ARCADE SOUTOMAIOR
310	305	ISABEL MIGUEZ RODRIGUEZ	F- 202 ABSF- 183	00:41:46	00:10:12	00:41:02	00:10:01	ARCADE SOUTOMAIOR
311	363	NOEMIA MÍGUEZ COUÑAGO	F- 203 ABSF- 184	00:41:46	00:10:12	00:41:01	00:10:01	SOUTOMAIOR
312	200	MÓNICA ALONSO FERREIRA	F- 204 ABSF- 185	00:41:47	00:10:12	00:41:01	00:10:01	SOUTOMAIOR
313	397	MARIA DEL MAR HERNANDEZ BARRIGA	F- 205 ABSF- 186	00:42:15	00:10:19	00:41:56	00:10:14	PONTEVEDRA
314	293	MARIA JOSE MARTINEZ PORTA	F- 206 ABSF- 187	00:42:16	00:10:19	00:41:56	00:10:14	PONTEVEDRA
315	303	ALICIA SOUTO PORTELA	F- 207 ABSF- 188	00:42:19	00:10:20	00:41:58	00:10:15	PONTEVEDRA
316	348	JULIA ESTEVEZ MERA	F- 208 INFF- 20	00:42:24	00:10:21	00:42:07	00:10:17	PONTEVEDRA
317	401	UXÍA CERVIÑO PIN	F- 209 INFF- 21	00:42:25	00:10:21	00:42:07	00:10:17	PONTEVEDRA
318	302	MARÍA PARDO SÁNCHEZ	F- 210 INFF- 22	00:42:26	00:10:21	00:42:07	00:10:17	PONTEVEDRA
319	377	IRIA DE LA TORRE VÁZQUEZ	F- 211 ABSF- 189	00:42:34	00:10:23	00:42:01	00:10:15	PONTEVEDRA
320	336	PATRICIA ALONSO FERNANDEZ	F- 212 ABSF- 190	00:42:35	00:10:23	00:42:01	00:10:15	PONTEVEDRA
321	468	CARLOTA DELLE MONACHE	F- 213 ABSF- 191	00:42:47	00:10:26	00:42:18	00:10:19	
322	467	JOE ALEJANDRO GALLETTO	INFM- 5	00:42:47	00:10:26	00:42:18	00:10:19	
323	516	JUAN CARLOS DE SOLA VOLLBRECHT	ABSM- 105	00:43:01	00:10:30	00:42:11	00:10:18	
324	517	YASMINE PINEDA PORTILLO	F- 214 ABSF- 192	00:43:01	00:10:30	00:42:07	00:10:17	
325	433	VANESA PAZOS MAQUIEIRA	F- 215 ABSF- 193	00:43:02	00:10:30	00:42:32	00:10:23	
326	491	DANIELA SANTOS CERVIÑO	F- 216 ABSF- 194	00:43:07	00:10:31	00:42:32	00:10:23	
327	518	CONSUELO CERVIÑO PERDEAL	F- 217 ABSF- 195	00:43:08	00:10:32	00:42:33	00:10:23	
328	368	ALBA MARTÍNEZ ESPÍÑA	F- 218 ABSF- 196	00:43:18	00:10:34	00:42:42	00:10:25	PONTEVEDRA
329	366	ELIZABETH GONZÁLEZ FEIJÓO	F- 219 ABSF- 197	00:43:18	00:10:34	00:42:42	00:10:25	PONTEVEDRA
330	365	TANIA LAMEIRO PAZOS	F- 220 ABSF- 198	00:43:19	00:10:34	00:42:42	00:10:25	PONTEVEDRA
331	222	CARMEN GONZÁLEZ BARREIRO	F- 221 ABSF- 199	00:43:21	00:10:35	00:42:54	00:10:28	MONTEPORREIRO
332	156	ANA MUÑIZ ALVAREZ	F- 222 ABSF- 200	00:43:21	00:10:35	00:42:54	00:10:28	PONTEVEDRA
333	158	LUPE ADÁN LONGUEIRA	F- 223 ABSF- 201	00:43:21	00:10:35	00:42:55	00:10:28	PONTEVEDRA
334	440	ELENA JABOIS SUEIRO	F- 224 ABSF- 202	00:43:31	00:10:37	00:42:42	00:10:25	
335	197	MARÍA LUISA AHUJADO FLORES	F- 225 ABSF- 203	00:43:42	00:10:40	00:43:16	00:10:34	PONTEVEDRA
336	441	CARLOS ANLLUO SENDÍN	ABSM- 106	00:43:42	00:10:40	00:42:52	00:10:28	
337	502	BENEDITO RIOBO SOTELO	ABSM- 107	00:44:35	00:10:53	00:43:35	00:10:38	
338	486	ROSA SÁNCHEZ PACHECO	F- 226 ABSF- 204	00:44:43	00:10:55	00:43:59	00:10:44	

339	485	SONIA SAVEDRA CAMPOS	F- 227	ABSF- 205	00:44:44	00:10:55	00:43:30	00:10:37	
340	159	FATIMA LOPEZ MARTÍNEZ	F- 228	ABSF- 206	00:44:48	00:10:56	00:44:20	00:10:49	PONTEVEDRA
341	230	SANDRA SILVOSO BARREIRO	F- 229	ABSF- 207	00:44:48	00:10:56	00:44:21	00:10:49	MONTEPORREIRO
342	253	MARIA VICTORIA ALVAREZ TABOADA	F- 230	ABSF- 208	00:44:50	00:10:57	00:44:06	00:10:46	PONTEVEDRA
343	251	ANA MARIA MENDEZ FERNANDEZ	F- 231	ABSF- 209	00:44:51	00:10:57	00:44:09	00:10:46	PONTEVEDRA
344	479	TERESA MÉNDEZ FERNÁNDEZ	F- 232	ABSF- 210	00:44:52	00:10:57	00:44:08	00:10:46	
345	237	MARÍA CONCEPCIÓN ORGAZ	F- 233	ABSF- 211	00:44:53	00:10:57	00:44:26	00:10:51	PONTEVEDRA
346	179	MARYAM CEREZO GÓMEZ	F- 234	ABSF- 212	00:44:53	00:10:57	00:44:26	00:10:51	PONTEVEDRA
347	94	JOSE ABELLEIRA		ABSM- 108	00:44:55	00:10:58	00:44:12	00:10:47	PONTEVEDRA
348	95	MARIA JESUS MAQUIEIRA FERREIRO	F- 235	ABSF- 213	00:44:55	00:10:58	00:44:12	00:10:47	PONTEVEDRA
349	62	SUSANA PASCUAL DE LA CRUZ	F- 236	INFF- 23	00:45:09	00:11:01	00:44:28	00:10:51	PONTEVEDRA
350	432	CONCHITA COTILLA ALVITE	F- 237	ABSF- 214	00:45:12	00:11:02	00:44:29	00:10:51	
351	431	CONCHITA DIEZ GARCÍA	F- 238	ABSF- 215	00:45:14	00:11:02	00:44:30	00:10:52	
352	212	ANA FRESCO MIGUEL	F- 239	ABSF- 216	00:45:14	00:11:02	00:44:49	00:10:56	PONTEVEDRA
353	484	JOSÉ MANUEL OTERO		ABSM- 109	00:45:14	00:11:02	00:44:30	00:10:52	
354	436	MARÍA VIDAL ARRUTI	F- 240	ABSF- 217	00:45:15	00:11:03	00:45:15	00:11:03	
355	360	ISABEL MILLÁN BUCETA	F- 241	ABSF- 218	00:46:38	00:11:23	00:45:57	00:11:13	PONTEVEDRA
356	361	CONSUELO BUCETA PIAY	F- 242	ABSF- 219	00:46:38	00:11:23	00:45:57	00:11:13	PONTEVEDRA
357	473	SABELA FERNÁNDEZ DE SANMAMÉS GIRÓN	F- 243	ABSF- 220	00:46:46	00:11:25	00:45:40	00:11:09	
358	472	CARMELA GIRÓN DAVIÑA	F- 244	ABSF- 221	00:46:47	00:11:25	00:45:41	00:11:09	
359	136	JUAN CASAS CORRAL		ABSM- 110	00:46:48	00:11:25	00:45:40	00:11:09	PONTEVEDRA